## How can I help my child develop the learner profile traits?

| Quality profile   | At home, I can help my child develop the profile when   | At school, my child can develop the profiles when  |
|---|---|--|
| Inquirers  We nurture our curiosity, developing skills for inquiry and research. We know how to learn independently and with others. We learn with enthusiasm and sustain our love of learning throughout life. | <ul> <li>I nurture and encourage his/her curiosity and love of learning.</li> <li>I help him/her structure research information.</li> <li>I have a positive attitude towards his/her learning.</li> <li>I put research tools at his/her disposal (dictionary, encyclopedia, thesauras, Internet, documentary films, resource contacts,).</li> <li>I encourage him/her to explore and create concrete representations (make a garden, assemble a model)</li> <li>I advise him/her to listen to educational programs (PBS, Discovery Channel)</li> <li>I am present during his/her research and guide him/her towards resources.</li> </ul> | <ul> <li>he/she is curious and perseveres.</li> <li>he/she is actively involved in any research project in class (commitment, enthusiasm).</li> <li>he/she seeks, selects and paraphrases information (notes, plans, collects data, stores data, organizes and interprets data).</li> <li>he/she asks questions or help (from parents, friends, teachers) for validation.</li> <li>he/she uses a variety of resources.</li> </ul> Attitudes: <ul> <li>Curiosity</li> <li>Commitment</li> <li>Independence</li> </ul> |

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| Knowledgeable  We develop and use conceptual understanding, exploring knowledge across a range of disciplines. We engage in issues and ideas that have local and global significance. | <ul> <li>I advise him/her to listen to educational programs.</li> <li>I put research tools at his/her disposal to scaffold knowledge (people, Internet, books,).</li> <li>I suggest tasks that develop skills.</li> <li>I subscribe my child to educational magazines.</li> <li>I read and discuss news with him/her.</li> <li>I guide him/her in his/her research.</li> <li>I encourage him/her to diversify his/her activities and interests.</li> </ul> | <ul> <li>he/she is aware of the news.</li> <li>he/she takes the time to deepen his/her knowledge of various topics.</li> <li>he/she is aware of what he/she needs to know.</li> </ul> Attitudes: <ul> <li>Curiosity</li> <li>Commitment Enthusiasm</li> </ul> |

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| Thinkers  We use critical and creative thinking skills to analyze and take responsible actions with complex problems. We exercise initiative in making reasoned, ethical decisions. | <ul> <li>I give my child time to think before offering choices.</li> <li>I ask questions to initiate thought.</li> <li>I have him/her question behaviors.</li> <li>I have him/her find solutions to his/her problems.</li> <li>I teach him/her to analyze situations.</li> <li>I let him/her develop his/her imagination and creativity.</li> <li>I teach him/her to develop sense of observation.</li> <li>I make him/her realize that there is more than one way of seeing things.</li> </ul> | <ul> <li>he/she thinks before taking action. he/she analyzes the situation.</li> <li>he/she finds solutions to different problems. He/ She speculates.</li> <li>he/she makes thoughtful decisions.</li> <li>he/she uses his/her knowledge and available tools.</li> <li>he/she develops his/her autonomy.</li> <li>he/she takes initiatives.</li> </ul> Attitudes: <ul> <li>Independence</li> <li>Commitment</li> <li>Confidence</li> <li>Creativity</li> </ul> |

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| Communicators  We express ourselves confidently and creatively in more than one language and in many ways. We collaborate effectively, listening carefully to the perspectives of other individuals and groups. | <ul> <li>I use varied vocabulary.</li> <li>I invite him/her to tell me about his/her day and experiences.</li> <li>I rephrase when there are errors.</li> <li>I ask open-ended questions that lead to discussion.</li> <li>I find activities that are conducive to discussions about food, theater, sports, board games, etc.</li> <li>I allow my child to speak about his/her experiences (in English, French)</li> <li>I ask questions and I listen attentively.</li> <li>I transmit messages to him/her.</li> <li>I teach him/her how to express emotions appropriately.</li> <li>I give him/her the opportunity to resolve conflicts.</li> <li>I pay attention to expressions used.</li> </ul> | <ul> <li>he/she clearly expresses his/her feelings, needs and ideas.</li> <li>he/she listens to others.</li> <li>he/she can use different ways to communicate (non-verbal, art, writing,).</li> <li>he/she speaks.</li> </ul> Attitudes: <ul> <li>Confidence Independence Respect</li> </ul> |

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| Principled  We act with integrity and honesty, with a strong sense of fairness and justice, and with respect for the dignity and rights of people everywhere. We take responsibility for our actions and their consequences. | <ul> <li>I show by example.</li> <li>I guide his/her choice of action to develop his/her moral reasoning.</li> <li>I have principles and values that I respect.</li> <li>I allow him/her to develop his/her own principles.</li> <li>I establish rules at home.</li> <li>I help him/her to meet his/her commitments.</li> <li>I transmit my values.</li> </ul> | <ul> <li>he/she is honest.</li> <li>he/she is respectful.</li> </ul> Attitudes: <ul> <li>Cooperation</li> <li>Tolerance</li> <li>Respect</li> <li>Curiosity</li> <li>Empathy</li> </ul> |

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| Open-minded  We critically appreciate our own cultures and personal histories, as well as the values and traditions of others. We seek and evaluate a range of points of view, and we are willing to grow from the experience. | <ul> <li>I objectively explain to my child differences (open discussion).</li> <li>I participate in cultural events (festivals, book fairs, exhibition, museums,).</li> <li>I travel.</li> <li>I encourage him/her to try new foods and listen to music from other countries.</li> <li>I encourage tolerance before judging.</li> <li>I ask him/her to listen and be openminded to other points of view.</li> <li>During conflict, I direct him/her toward solutions and the different ways to attain them.</li> <li>I am open to new ideas.</li> <li>I discuss news and ask him/her his/her opinion.</li> </ul> | <ul> <li>he/she has an open attitude toward changes, new ideas, differences</li> <li>he/she seeks to achieve consensus.</li> <li>he/she considers opinions of others.</li> <li>he/she shows tolerance.</li> </ul> Attitudes: <ul> <li>Tolerance Respect Curiosity Empathy</li> </ul> |

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| Caring  We show empathy, compassion and respect. We have a commitment to service, and we act to make a positive difference in the lives of others and in the world around us. | <ul> <li>I encourage him/her to be respectful of others.</li> <li>I encourage him/her to offer assistance to perform household chores.</li> <li>I encourage him/her to get involved in the community.</li> <li>I encourage him/her to share his/her ideas.</li> </ul> | <ul> <li>he/she is respectful to adults, peers and the environment.</li> <li>he/she helps others.</li> <li>he/she is generous.</li> <li>he/she shares.</li> <li>he/she takes responsibilities.</li> </ul> Attitudes: <ul> <li>Respect</li> <li>Empathy</li> <li>Cooperation</li> </ul> |

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| Risk-takers  We approach uncertainty with forethought and determination; we work independently and cooperatively to explore new ideas and innovative strategies. We are resourceful and resilient in the face of challenges and change. | <ul> <li>I can trust him/her in new situations.</li> <li>I encourage him/her to take risks.</li> <li>I let him/her explore his/her experiences (trial and error).</li> <li>I teach him/her to persevere despite any difficulties.</li> <li>I give him/her responsibilities.</li> <li>I encourage him/her to face his/her fears.</li> </ul> | <ul> <li>he/she tries to understand before seeking help.</li> <li>he/she is confident.</li> <li>he/she defends his/her ideas with valid arguments.</li> <li>he/she accepts to make mistakes.</li> <li>he/she approaches unusual situations with courage.</li> <li>he/she explores new roles.</li> </ul> Attitudes: <ul> <li>Confidence Creativity</li> <li>Curiosity</li> <li>Enthusiasm</li> <li>Independence</li> </ul> |

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| Balanced  We understand the importance of balancing different aspects of our lives—intellectual, physical, (spiritual) and emotional—to achieve well-being for ourselves and others. We recognize our interdependence with other people and with the world in which we live. | <ul> <li>I propose a variety of activities (intellectual, athletic, social, artistic).</li> <li>I propose a healthy lifestyle where work, rest and recreation are balanced.</li> <li>I encourage a healthy and varied diet.</li> </ul> | <ul> <li>he/she eats healthy snacks.</li> <li>he/she is concerned with personal hygiene (hand washing).</li> <li>he/she uses time effectively and appropriately (self-control).</li> <li>he/she has the ability to work independently, cooperatively, in pairs, or a large group.</li> </ul> Attitudes: <ul> <li>Creativity</li> <li>Commitment Independence</li> </ul> |

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| Reflective   | <ul> <li>I give positive reinforcement.</li> <li>I ask questions to help my child to analyze his/her behavior, learning and experiences (presenting their portfolio, report card, following an activity,).</li> <li>I encourage him/her to use different methods to learn.</li> </ul>   | <ul> <li>he/she analyzes honestly his/her learning, behavior and experiences (self-assessment).</li> <li>he/she sets realistic challenges.</li> </ul> |
| We thoughtfully consider the world and our own ideas and experience. We work to understand our strengths and weaknesses in order to support our learning and personal development. | <ul> <li>I teach him/her to think before acting.</li> <li>I encourage him/her to reflect on certain events or situations.</li> <li>I teach him/her how to organize their time.</li> <li>I lead him/her to reflect on his/her strengths and challenges.</li> <li>During a conflict, I encourage reflection to find his/her own solutions.</li> </ul> | Attitudes:  Commitment Confidence Creativity Cooperation  |